
											
<p style="text-align: center;"><b>CLASS XII</b>  <b>ENGLISH</b> (Subject Code 301)  SESSION - 2025-26</p>											
<b>Books Prescribed NCERT</b>											
<b>Flamingo</b> <b>Vistas</b> <b>Teacher Paper any Modern Publishers</b>											
<b>March - 8 days</b>											
Ch-1 The Last Lesson - Flamingo										6	
P-1 My Mother at 66										4	
<b>April - 20 days</b>											
P-2 Keeping Quiet										3	
Ch-1 The Third Level - Vistas										5	
P-3 A Thing of Beauty										3	
Ch-2 The Tiger King - Vistas										6	
Article/Notice										3	
<b>May - 23 days</b>											
Flamingo - Ch-2 Lost Spring										7	
Flamingo - Ch-3 Deep Water										8	
P-5 Aunt Jennifer's Tigers										5	
Formal/Informal Invitation										3	
<b>July - 21 days</b>											
Flamingo - Ch-4 The Rattrap										9	
Vistas - Flam - Ch-3 A Journey To The End of The Earth										8 1	
Letter to Editor										4	
Job Application											
<b>August - 23 days</b>											
Ch-4 The Enemy Vistas										12	
Ch-5 Indigo Flamingo											
Unseen Passage										8	
<b>Revision for Mid Term</b>											
<b>September - 07 Days</b>											
Blue Print = 50 Marks											
Q1 Unseen Passage 10 M											
											



### Writing Skills

Notice	4 M
Invitation	4 M
Q4 Letter to Editor/Job Application	5 M
Q5 Article/Report Writing	5 M
Q6 Literature	
Extract from Flamingo	5 M
Q7 Extract from Vistas	5 M
Q8 Short Question 2x4	8 M
Q9 Long Question 2x2	4 M

### October - 18 day

Ch-5 On The Face of It Vistas	9 M
Flamingo - Ch-6 Poets and Pancakes	8
Flamingo - Ch-7 Interview	7
Flamingo - P-4 A Roadside Stand	3

### November - 21 day

Flamingo - Ch-8 Going Places Flamingo	10
Vistas - Ch-6 Memories of Childhood	10
ASL Practice	

### December - 14 day

### Revision of Sample Papers for 1st Preboard & Final Exams

#### Section A: Reading Skills = 22 M (12+10) 80 Marks

Q1 Unseen Passage, discursive/ informational	12M
Q2 Unseen Passage, factual/ descriptive	10M

#### Section B: Writing Skills 18 Marks

Q3 Notice	4M
Q4 Invitation Formal/Informal	4M
Q5 Letter to Editor/Job Application	5M
Q6 Article/Report	5M

#### Section C: Literature 40 Marks

Q7 Extract - attempt any one	6M
Q8 Extract - attempt any one	4M
Q9 Extract - attempt any one	6M
Q10 Question - 2x5 = 10M	
Q11 Question - 2x2 = 4M	
Q12 Long Question - 5x1 = 5M	



Q13 Long Question -  $5 \times 1 = 5M$

**January - 19 Days**



**Revision of Sample Papers - 1st Preboard**

**February - 24 Days**

**Revision of Sample Paper - For 2nd Preboard**

**Conducting ASL - Assessment of Speaking and Listening**



																	
<p style="text-align: center;"><b>BIOLOGY</b> (Subject Code - 044)</p>																	
<b>Mar./April</b>	Ch-1 Reproduction In Flowering Plants																
<b>May</b>	Ch-2 Human Reproductive System Ch-3 Reproductive Health <b>Revision For May Unit Test - I</b>																
<p><b>Marks Distribution Of Each Chapter</b></p> <table> <tr> <td>Ch-1 Reproduction In Flowering Plants</td><td>20</td></tr> <tr> <td>Ch-2 Human Reproductive System</td><td>20</td></tr> <tr> <td>Ch-3 Reproductive Health</td><td>10</td></tr> <tr> <td colspan="2" style="text-align: right;"><b>50 Marks</b></td></tr> </table>		Ch-1 Reproduction In Flowering Plants	20	Ch-2 Human Reproductive System	20	Ch-3 Reproductive Health	10	<b>50 Marks</b>									
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Ch-2 Human Reproductive System	20																
Ch-3 Reproductive Health	10																
<b>50 Marks</b>																	
<b>June/July</b>	Ch-4 Principles Of Inheritance And Variations Ch-5 Molecular Basis Of Inheritance																
<b>Aug.</b>	Ch-6 Evolution Ch-7 Human Health And Diseases Ch-8 Microbes In Human Welfare																
<p><b>Revision For Mid Term</b></p> <p><b>Marks Distribution Of Each Chapter</b></p> <table> <tr> <td>Ch-1 Reproduction In Flowering Plants</td><td>10</td></tr> <tr> <td>Ch-2 Human Reproductive System</td><td>10</td></tr> <tr> <td>Ch-3 Reproductive Health</td><td>5</td></tr> <tr> <td>Ch-4 Principles Of Inheritance And Variations</td><td>12</td></tr> <tr> <td>Ch-5 Molecular Basis Of Inheritance</td><td>12</td></tr> <tr> <td>Ch-6 Evolution</td><td>10</td></tr> <tr> <td>Ch-7 Human Health And Disease</td><td>11</td></tr> <tr> <td colspan="2"><b>Total - 70 Marks</b></td></tr> </table>		Ch-1 Reproduction In Flowering Plants	10	Ch-2 Human Reproductive System	10	Ch-3 Reproductive Health	5	Ch-4 Principles Of Inheritance And Variations	12	Ch-5 Molecular Basis Of Inheritance	12	Ch-6 Evolution	10	Ch-7 Human Health And Disease	11	<b>Total - 70 Marks</b>	
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Ch-5 Molecular Basis Of Inheritance	12																
Ch-6 Evolution	10																
Ch-7 Human Health And Disease	11																
<b>Total - 70 Marks</b>																	
<b>Sept.</b>	Ch-9 Biotechnology Principles And Processes Ch-10 Biotechnology Applications																
<b>Oct.</b>	Ch-11 Organisms And Populations Ch-12 Ecosystem Ch-13 Biodiversity & Its Conservation																
<b>Nov./Dec.</b>	<b>Revision Of Full Syllabus For Pre-board - I</b>																
																	





Jan.

**Revision For Preboard - II And Final Practicals**

**Practicals (30 Marks)**

Major Experiment	5 Marks
Minor Experiment	4 Marks
Slide Preparation	5 Marks
Spotting	7 Marks
Practical Record + Viva	4 Marks
Project Record + Viva1	5 Marks

Books Prescribed - Ncert + Trueman's Elementary Biology  
Practical File - JBD Publisher

**Marks Distribution According To Cbse Pattern**

1 Mark Questions =  $1 \times 18 = 18$  Mcq + Assertion Reasoning  
2 Marks Questions =  $2 \times 7 = 14$  Vsaq  
3 Marks Questions =  $3 \times 5 = 15$  Saq  
4 Marks Questions =  $4 \times 2 = 8$  (case-study Based Questions)  
5 Marks Questions =  $5 \times 3 = 15$  Long Answer Type Questions  
**Total = 70 Marks**



## CHEMISTRY

**March** Ch-1 Solutions

**Life Skills**

- i) Students will be able to make solutions of different molarity & concentration terms.
- ii) Critical thinking will be developed.

**April** Ch-2 Electrochemistry

**Life Skills**

- i) Problem solving skills
- ii) Critical Thinking

Ch-3 Chemical Kinetics

**Life Skills**

- i) Understanding & Remembering
- ii) Numerical ability will improve

**May** Ch-6 Haloalkanes & Haloarenes

**Life Skills**

- i) Remembering & analyzing the various compounds
- ii) Decision making skills

**Life Skills**

- i) Develop critical thinking
- ii) Able to learn usage of various elements in different fields.

### Chapter wise Weightage

Solutions - 15 Marks

Electrochemistry - 15 Marks

Chemical Kinetics - 10 Marks

Haloalkanes & Haloarenes - 10 Marks

**Total - 50 Marks**

### Marks Distribution for Unit - Test I

1 Mark Question =  $1 \times 10 = 10$  [MCQ + Assertion-Reasoning]

2 Marks Question =  $2 \times 5 = 10$  [Very Short Ans. Type Ques.]

3 Marks Question =  $3 \times 4 = 12$  [Short Ans. Type Ques.]

4 Marks Question =  $4 \times 2 = 8$  [Case-Based Ques.]

5 Marks Question =  $5 \times 2 = 10$  [Long Ans Type Ques.] Total = 50 Marks





**June/ July** Ch-5 Coordination Compounds

**Life Skills**

- i) Problem solving skills
- ii) Student will be able to understand applications of coordination compounds in daily life.

Ch-7 Alcohols, Phenols & Ethers

**Life Skills**

- i) Understanding the different pathways & mind maps.
- ii) Logical thinking will be developed.

**Aug.** Ch-8 Aldehydes, Ketones & Carboxylic Acids

**Life Skills**

- i) Understanding the use of various reagents in our daily life.
- ii) Critical Thinking will be developed.

Ch-4 d & f-back Elements

GK Skill - i) Develop thinking

- ii) Able to learn usage of various elements in Different Field.

**Sept.** **Syllabus for Mid-Term I**

Chapter No.	Chapter Name	Weightage
1.	Solutions	10
2.	Electrochemistry	10
3.	Chemical Kinetics	10
4.	d & f - Block elements	10
5.	Coordination Compounds	10
6.	Haloalkanes & Haloarenes	10
7.	Alcohols, Phenols & Ethers	10
<b>Total</b>	<b>70 Mark</b>	

**Marks Distribution for Mid Term - I**

1 Mark Question =  $1 \times 16 = 16$  [MCQ + Assertion - Reasoning]

2 Marks Question =  $2 \times 5 = 10$  [Very Short Answer Type Ques.]

3 Marks Question =  $3 \times 7 = 21$  [Short Ans Type Ques.]

4 Marks Question =  $4 \times 2 = 08$  [Case-Study Based Ques.]

5 Marks Question =  $5 \times 3 = 15$  [Long Answer Type Ques.]

**Total = 70 Marks**





**Sept. (Last 7 Working Days)**

Ch-9 Organic Compounds Containing Nitrogen

**Life Skills**

(i) Remember & Analyze the use of compounds in medicinal chemistry.

(ii) Problem Solving Skill

**Oct. Ch-10 Biomolecules**

**Life Skills**

i) Remembering & analyzing the various compounds.

ii) Decision making skills.

**Nov. Revision for Pre-Board I  
Practice of Sample Papers**

**Dec.** NCERT questions will be focused + Revision  
Paper Pattern will be according to CBSE sample paper issued.

**Jan. Revision for Pre-Board II + Practice of Sample Papers**  
NCERT Questions will be focused. Paper Pattern will be according to CBSE Sample Paper issued.

**Feb. Revision for Final Exams**

**Books Prescribed :-**

1.NCERT Textbook

2.Modern Publishers

**PRACTICAL SYLLABUS XII (Chemistry)**

**Marks - 30**

**April** 1. Determine the strength and molarity of a given sample of oxalic acid with M/10  $\text{KMnO}_4$  solution.  
2. Determine the molarity & strength of given solution of  $\text{KMnO}_4$  by preparing M/20 ferrous ammonium sulphate solution.

**May** 3. Preparation of double salt of ferrous ammonium sulphate. (Mohr salt)  
4. To prepare a colloidal sol of starch.

**June Project File on the topics issued by CBSE**

**July** 5. To prepare a colloidal sol of Ferric Hydroxide.  
6. To study effect of concentration on the rate of reaction between Sodium Thiosulphate & HCl.



**Aug.** 7. To study the effect of temperature on the rate of reaction between Sodium Thiosulphate & HCl.

**Oct.** 8. To Analyze the given salt sample  $[\text{ZnCO}_3]$   
9. To Analyze the given salt sample  $(\text{NH}_4)_2\text{CO}_3$   
10. To Analyze the given salt sample  $(\text{Al}_2(\text{SO}_4)_3)$

**Nov.** 11. To Analyze the given salt sample  $[\text{Pb}(\text{CH}_3\text{COO})_2]$   
12. To Analyze the given salt sample  $[\text{Fe}(\text{NO}_3)_3]$   
13. To Analyze the given salt sample  $[\text{SnCl}_2]$

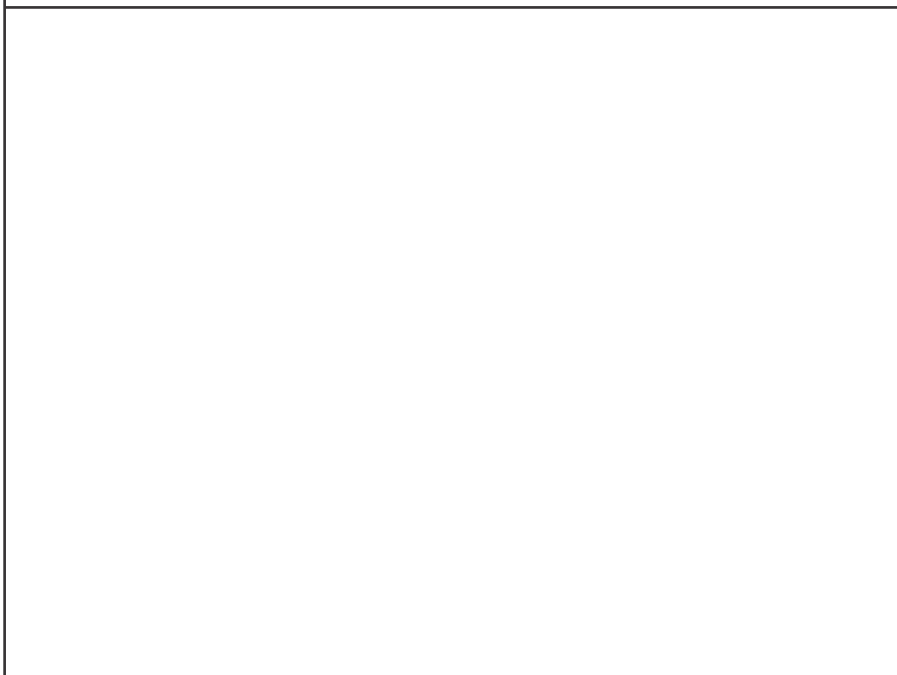
#### **Marks Distribution**

1 Written	08
2 Performance	07
3 Viva	10
4 File/Project	05

**Total = 30 Marks**

#### **Practical Books Prescribed**

**JBD practical book + file**





## PHYSICS

**March** Unit - 1. Electrostatics  
Ch-1 Electric charges and fields  
**Life Skills:-**  
(1) Students will be able to learn about methods of transfer of charges from one body to another.  
(2) Students will be able to learn about real life applications like working of photocopiers, laser printers etc.

**April** Unit - 1 Electrostatics  
Ch-2 Electrostatic potential and capacitance  
**Life Skills**  
(1) Students will be able to understand methods to store and transfer charge.  
(2) Real life applications like working of fans etc.  
Unit - 2 Current Electricity  
Ch-3 Current Electricity  
**Life Skills**  
(1) Able to relate heating, lighting, cooling in critical thinking.  
(2) Learn about flow of charges for eg. training on a light, working on an electric stove, charging a cell phone.

**May** Unit-III Magnetic Effect of Current and Magnetism  
Ch-4 Moving Charges and Magnetism  
**Life Skills**  
(1) Able to use magnets to find directions.  
(2) Learn about working of electric motors, generators and MRI machines.  
Unit-III Ch-5 Magnetism and Matter

**Weightage: (50 Marks)**  
Unit I Ch-1 Electric Charges and fields - 20 Marks  
Unit I Ch-2 Electrostatic Potential and Capacitance - 15 Marks  
Unit II Ch-3 Current Electricity - 15 Marks  
**Total - 50 Marks**

**Marks Distribution for Unit Test I**  
1 Mark Question =  $1 \times 10 = 10$  [MCQ + AR]  
2 Mark Question =  $2 \times 5 = 10$  [Very Short Ans. Type Ques.]



3 Mark Questions =  $3 \times 4 = 12$  [Short Ans. Type]  
 4 Mark Questions =  $4 \times 2 = 08$  [Case based Questions]  
 5 Mark Questions =  $5 \times 2 = 10$  [Long Ans. Type] Total = 50 Marks

**June/ July** Unit-IV Electromagnetic Induction and Alternating Currents  
 Ch-6 Electromagnetic Induction  
**Life Skills**  
 (1) Able to relate between Electric Current and Magnetism.  
 (2) Learn about working of Induction cooking, AC Generator etc.  
 Unit-IV Ch-7 Alternating Currents

**August** Unit V Electromagnetic Waves  
 Ch-8 Electromagnetic Waves  
**Life Skills**  
 (1) Learn about uses of EM Spectrum.  
 (2) Learn about working of Radio Stations, Television etc.  
 Unit VI Optics Ch-9 Ray Optics and Optical Instruments  
**Revision for Mid Term**

**Sept. Mid Term (Syllabus + Weightage)**  
 Unit-1 Electrostatics = 15 Marks  
 Unit-2 Current Electricity = 15 Marks  
 Unit-3 Magnetic Effect of Current & Magnetism = 15 Marks  
 Unit-4 EMI and Alternating Current = 15 Marks  
 Unit-5 Electromagnetic Waves = 10 Marks  
 Total = 70 Marks

**Marks Distribution for Mid Term-I (70 Marks)**  
 1 Mark Questions =  $1 \times 16 = 16$  [MCQ + AR]  
 2 Mark Questions =  $2 \times 5 = 10$  [Very Short Answer Type]  
 3 Mark Questions =  $3 \times 7 = 21$  [Short Answer Type Questions]  
 4 Mark Questions =  $4 \times 2 = 08$  [Case Based Questions]  
 5 Mark Questions =  $5 \times 3 = 15$  [Long Answer Type Questions]  
 Unit- VII Ch-11 Dual Nature of Radiation and Matter  
**Life Skills**  
 (1) Problem Solving Skill  
 (2) Learn about wave & particle nature of light.

**Sept.** Unit VI Optics  
 Ch-10 Wave Optics

**Life Skills**

- (1) Students will learn about making and working of eyeglasses, contact lenses, cameras etc.
- (2) Students will develop their critical and analyzing skills.

**October** Unit VIII Atoms and Nuclei  
Ch-12 Atoms  
Ch-13 Nuclei

**Unit VIII Atoms and Nuclei Ch-13 Nuclei****Life Skills**

- (1) Decision making such as working and uses of Nuclear weapons.
- (2) Learn about different atomic models.

**Unit IX Electronic Devices**

Ch-14 Semiconductor Electronics: Materials and Devices

**Life Skills**

- (1) Understand working of all electronic devices.
- (2) Decision making such as data analysis.
- (3) Learn about new new field semiconductor engineering.

**Nov. Revision of whole syllabus.**

**Dec. Revision for Pre Board I**

(Sample paper Practice + NCERT Problems)  
Paper Pattern will be according to latest CBSE Sample paper issued.

**Jan. Revision for PRE BOARD - II**

(Sample paper practice + Previous year Board Question practice)  
Paper pattern will be according to latest CBSE sample paper issued.

**Feb. Revision for FINAL TERM Exams**

Books Prescribed - NCERT Part I + Part II  
Reference Books - Pradeep Publications

**PRACTICAL SYLLABUS - PHYSICS (XII)**

MM 30 Time 3 hrs  
Evaluation Scheme





Two experiments from Each Section (A+B) = 7+7 Marks

Practical Record = 5 Marks

One activity from any section = 3 Marks

Investigatory Project = 3 Marks

Viva-Voce = 5 Marks

Total = 30 Marks

**APRIL (Section A)**

1. To determine Resistance per cm of a given wire by plotting a graph of potential difference versus current.

**MAY** 2. To find Resistance of a given wire using Meter Bridge.

**JULY** 3. To verify the laws of Combination (Series/parallel) of resistances using a Meter Bridge.

**Aug.** 4. To Determine Resistance of a galvanometer by half deflection method and find its figure of merit.  
5. **(Section B)** To find values of  $v$  for different values of  $u$  in case of concave mirror and to find their focal length.

**Oct.** 6. To find the focal length of a convex lens by plotting graphs between  $i/u$  and  $i/v$  or between  
7. To draw the I-V characteristic curve of a p-n junction in forward biased and reverse biased.

**Nov.** 8. To determine angle of minimum deviation for a given prism by plotting a graph between angle of incidence and angle of deviation.



## MATHEMATICS

Sub Code: 041

**Books Prescribed:** NCERT, RD Sharma, RS Aggarwal  
Devjyoti Practical File

### Unitwise Weightage

Unit	Unit Name	Marks
I	Relations & Functions	08
II	Algebra	10
III	Calculus	35
IV	Vectors & Three Dimensional Geometry	14
V	Linear Programming	05
VI	Probability	08
<b>Total</b>	<b>80</b>	

### Internal Assessment

Components	Marks
Pen Paper Test & Multiple Assessment	10
Viva + Practical (Devjyoti)	10
<b>Total</b>	<b>20</b>

**March** Ch-1 Relations & Functions

#### Life Skills

Analyze, Problem Solving, Critical Thinking

**April** Ch-2 Inverse Trigonometric Function

Ch-3 Matrices

Ch-4 Determinants

#### Life Skills

Creative Thinking, Problem Solving, Understanding

**May** Ch-12 Linear Programming + Revision

Ch-5 Continuity and Differentiability

### UNIT TEST I

Topics	MM 50
Relations & Functions	10
Inverse Trigonometric Function	10





Matrices	10
Determinants	10
Linear Programming	10

### Blue Print

Sec A MCQ 10M  $1 \times 10 = 10$

Sec B Very Short 10M  $2 \times 5 = 10$

Sec C Short Ans 15 M  $3 \times 5 = 15$

Sec D Long Ans 10 M  $5 \times 2 = 10$

Sec E Case Study 5 M  $5 \times 1 = 5$

**Total 50**

**June** Ch-6 Application of Derivatives

**& July** Practical File will be completed

**Aug.** Ch-7 Integrals (Indefinite)

Ch-7 Integrals (Definite)

**+ Revision for Mid-Term Exam**

**Life Skills**

Evaluation, Analysis, Critical Thinking

### MID TERM EXAM MM 80

Topics	Marks
1. Relation & Function	15
2. Inverse Trigonometric Func.	05
3. Matrices	10
4. Determinants	10
5. Continuity & Differentiability	15
6. Application of Derivatives	15
7. Integrals (Indefinite only)	10

**Total 80**

### Blue Print

Sec A	MCQ/Assertion Reasoning	$1 \times 20 = 20$
Sec B	Very Short Answer	$2 \times 5 = 10$
Sec C	Short Answer	$3 \times 6 = 18$
Sec D	Long Answer	$5 \times 4 = 20$
Sec E	Case Study	$4 \times 3 = 12$

**Total 80**



**Sept.** Ch-8 Application of Integrals

Ch-9 Differential Equations

**Life Skills**

Evaluate, Problem Solving

**Oct.** Ch-10 Vectors

Ch-11 Three Dimensional Geometry

Ch-13 Probability

**Life Skills**

Critical Thinking, Understanding, Problem Solving

**Nov. Revision of Full Syllabus + Sample Paper Revision**

**Dec. Revision of Full Syllabus + Pre Board I**

**Jan. Revision of Full Syllabus + Pre Board II**

**Feb. Sample Paper Practice**

**March FINAL EXAMINATION**

**Full Syllabus Ch-1 to 13**

**Blue Print**

Sec A MCQ / Assertion Reasoning 20 M

Sec B Very Short Q/A 10 M

Sec C Short Q/A 18 M

Sec D Long Q/A 20 M

Sec E Case Study 12 M

**Total 80 M**



## ACCOUNTANCY

(Subject Code : 055)

### Books Prescribed: NCERTs, TS Grewal

Theory - 80 Marks

Practical - 20 Marks

Part A - Accounting for Partnership Firms 36 Marks

Part B - Accounting for Companies 24 Marks

Part C - Analysis of Financial Statements 20 Marks

**Total - 80 Marks**

**March** (8 Days)

**Fundamentals of Partnership Firms.**

**April** Valuation of Goodwill  
Change in Profit Sharing Ratios

**Life Skill Associated:**

Creativity and Critical thinking.

**May** Change in Profit Sharing Ratios.  
Admission of a Partner

**Life Skill Associated:** Collaboration and Communication Skills.

**June** **Summer Vacations.**

Project File.

**July** **Retirement and Death of a Partner**

**Life Skills Associated:** Decision Making and Interpersonal Skills.

**Aug.** Dissolution of Partnership Firms

**Life Skills Associated:** Calculation Skills and Financial Analysis.

**Revision for Mid Term Exams - 80 Marks.**

Fundamentals of Partnership Firms - 10 Marks

Valuation of Goodwill - 06 Marks

Change in Profit Sharing Ratios - 10 Marks

Admission of a Partner - 20 Marks

Retirement of a Partner - 15 Marks

Death of a Partner - 10 Marks

Dissolution of Partnership Firms - 09 Marks

**Total - 80 Marks**



**Marks Distribution**

20 Ques. x 1 Mark Each = 20

6 Ques. x 3 Marks Each = 18

3 Ques. x 4 Marks Each = 12

5 Ques. x 6 Marks Each = 30

**Total - 80**

**Sept. Mid Term Exam (Revision)**

Financial Statements of Companies.

Tools of Financial Statement Analysis.

**Oct. Issue of Shares**

Issue of Debentures

**Life Skills Associated:** Financial Literacy and Time Management Skills.

**Nov. Ratio Analysis**

Cash Flow Statement

**Life Skills Associated:** Financial Decision Making Skills.

**Dec. Pre Boards (Revision)****Jan. CBSE PRACTICALS**

**Revision for Final Examination**

**Feb. Commencement of Board Exams.**



## BUSINESS STUDIES

**Practical: 20 Marks**

**Theory: 80 Marks**

**Books Prescribed: NCERT, Poonam Gandhi Alka Dawan**

<b>March</b>	Nature and Significance of Management <b>Life Skills:</b> Management Experience, Creative Thinking
<b>April</b>	Principles of Management <b>Life Skills:</b> Critical Thinking and Problem Solving Techniques <b>Life Skills:</b> Real Life Situations Concerning Environment, Decision Making Business Environment
<b>May</b>	Planning Organising <b>Life Skills:</b> Recognizing Roles, Defining Required Authority
<b>June</b>	<b>Summer Vacations</b> <b>Project File Work</b>
<b>July</b>	Staffing Directing Controlling <b>Life Skills:</b> Problem Solving, Budget Control, Decision Making Skills
<b>Aug.</b>	Consumer Protection Act <b>Revision for Mid Term Exams</b>
<b>Sept.</b>	<b>Mid Term Exams - 80 Marks</b>

**(Blue Print)**

20 Ques x 1 Mark = 20 Marks

04 Ques x 3 Marks = 12 Marks

06 Ques x 4 Marks = 24 Marks

04 Ques x 6 Marks = 24 Marks

**Total = 80 Marks**

**Weightage**

Nature & Significance of Management	7 Marks
Principles of Management	15 Marks
Business Environment	06 Marks





Planning	08 Marks
Organising	12 Marks
Staffing	13 Marks
Directing	14 Marks
Controlling	05 Marks
<b>Total = 80 Marks</b>	

**Oct.** Financial Management  
Financial Markets  
**Life Skills:** Creative Thinking, Aptitude for Financial Reporting.

**Nov.** Marketing Management  
**Life Skills:** Personal Branding, Marketing Skills.

**Dec.** Revision for Pre Boards (Full Syllabus)  
Project File, Viva Voce (Practice)

**Jan.** CBSE Final Practicals  
Viva Voce:

**Topics for Practical File / Viva Voce:**

- a) Principles of Management
- b) Business Environment
- c) Stock Exchange
- d) Marketing Management





## ECONOMICS (030)

**Books: INTRODUCTORY MACRO ECONOMICS**

**INDIAN ECONOMIC DEVELOPMENT**

**By: T.R. JAIN, V.K. OHRI**

**Theory Paper - 80 Marks**

**Practical - 20 Marks**

**Total - 100 Marks**

### **Part - A: Macro Economics Marks**

Unit - I: National Income & Related Aggregates	10
Unit - II: Money & Banking	06
Unit - III: Determination of Income & Employment	12
Unit - IV: Government Budget & The Economy	06
Unit - V: Balance of Payment & Foreign Exchange	06

**Total 40**

### **Part - B: Indian Economic Development**

Unit - VI: Development Experience (1947-90) & Economic Reforms Since 1991	12
Unit - VII: Current Challenges Facing Indian Economy	20
Unit - VIII: Development Experience of India: A Comparison with Neighbours	08

**Total 40**

### **PART-C**

**Project Work Total 20**

<b>March</b>	UNIT-II: Money & Banking Ch-5: Money <b>Life Skills Acquired:</b> Ascertain if growth rate of money supply impacts interest rates prevailing in financial markets; general price levels and eventually real business cycles.
<b>April</b>	Ch-6: Banking <b>Life Skills Acquired:</b> Proposing strategies to bolster Indian banking system and prevent economic adversities like 'Bank Run'.





UNIT-IV: Government Budget & Economy

Ch-10: Government Budget & Economy

**Life Skills Acquired:** Comprehend or refute the interim and final budget flashed in newspapers or televised and assess micro implications on one's savings and investment.

UNIT-VI: Development Experience (1947-1990)

Ch-1: Indian Economy on the Eve of Independence.

**Life Skills Acquired:** Skillful conduct of comparative analysis of degree of competition permeating during the British Regime and the contemporary period undermining Indian SSI.

Ch-2: Indian Economy (1950-1990)

**Life Skills Acquired:** Conduct of historical analysis and comprehension of the implications of excessive reliance on PSEs rendering India a debt-ridden economy.

**MAY**

Ch-3: Economic Reforms Since 1991 (NEP)

**Life Skills Acquired:** Process of formulating economic policies transforming India from an emergent economy into a developed nation.

UNIT-V: Balance of Payment

Ch-12: Balance of Payment

**Life Skills Acquired:** Sharpening acumen in conducting trading in gold and foreign currencies denominated assets; appraising the impact of BoP surplus and deficit of India with other nations.

**June**

**Revision of Syllabus Covered for Unit Exam**

**July**

UNIT-I: National Income & Its Related Aggregates

Ch-1: Introduction

Ch-2: Some Basic Concepts of Macro Economics

Ch-3: National Income & Related Aggregates

Ch-4: Methods of Calculating National Income

**Life Skills Acquired:** Intervening national income aggregates with actual data and drawing crucial inferences on the declining trend of national income and its repercussions.

**Aug.**

UNIT-VII: Current Challenges Facing Indian Economy

Ch-4: Human Capital Formation in India



Ch-5: Rural Development

**Life Skills Acquired:** Skill of channelizing agricultural resources to lucrative and bankable activities in a way that dispels market risks faced by farmers and ensures development of rural areas.

**Revision for Mid Term**

Syllabus for Mid Term (Macro Economics) Ch - 1, 2, 3, 4, 5, 6, 10 & 12

(Indian Economy) Ch - 1, 2, 3, 4 & 5

**Sept.**

UNIT-VIII

Ch-8: Development Experience of India - A comparison with neighbours

**Life Skills Acquired:** Propounding policy measures to get India purge of the destitution and other banes crippling India in building its resilience to hostile manoeuvres by China and Pakistan.

**Oct.**

UNIT-VII

Ch-6: Employment

Ch-7: Environment & Sustainable Development

**Life Skill Acquired:** Application of contract theory and Keynes theory of employment to alleviate poverty; effective implementation of suggested measures to achieve the desired outcomes bringing buoyancy in economy; deployment of proactive environmental management practices to internationalize sustainable development.

UNIT-III: Determination Of Income & Employment

Ch-7: Aggregate Demand & Supply & its related concepts

Ch-8: Equilibrium Output in Short-run

Ch-9: Deficient and Excess Demand

**Life Skills Acquired:** Skill of investment in marketable avenues so as to comprehend impact on income of investors; determination of rate of unemployment prevailing in country based on real data and devising financial as well as marketing modus operandi to augment AD to get rid of deficient or UNIT-VBoP

Ch-11 Foreign Exchange Rate.



**Life Skill Acquired:** Attaining skill in earning colossal returns in forex trading and being decisive about investments.

**Mid Term / Pre-Board**

**BLUE PRINT OF PAPER (80 MARKS)**

**MACRO ECONOMICS**

10x1 = 10

2x3 = 6

3x4 = 12

2x6 = 12

**TOTAL = 40**

**TOTAL = 80 MARKS**

**INDIAN ECONOMY**

10x1 = 10

2x3 = 6

3x4 = 12

2x6 = 12

**TOTAL = 40**

**PROJECT (20 MARKS)**

- GST and its impact on GDP
- Monetary policy and its role in curbing inflation.
- Government Budget and its components
- Organic farming
- Make in India - The Way Ahead.
- Employment
- Development experience of India: A comparison with China and Pakistan.
- Foreign Exchange Rate Determination

theory of employment to alleviate poverty, effective implementation of suggested measures to achieve the desired outcomes bringing buoyancy in economy. Deployment of proactive environmental management practices to institutionalize sustainable development.

**UNIT - 3: DETERMINATION OF INCOME & EMPLOYMENT**

Ch-7: Aggregate Demand & Supply & its related concepts

Ch-8: Equilibrium Output in Short-Run

**Nov.** Ch-9: Deficient and Excess Demand

Skills Acquired: Skill of investment in marketable avenues so as to comprehend its impact on income of investors; determination of rate of unemployment prevailing in country based on real data and defining financial as well as marketing modules (accounts) to



augment AD to get rid of depression (another UNIT-V BOP)

**Nov. Ch-11 Foreign Exchange Rate**

Life skill Acquired: Attaining skill in earning logical solutions in forex trading and being decisive about investment.

**Mid Term - Pre-Board**

**BLUEPRINT OF PAPER (80 MARKS)**

**MACRO ECONOMICS**

**INDIAN ECONOMY**

$10 \times 1 = 10$

$10 \times 1 = 10$

$2 \times 3 = 6$

$2 \times 3 = 6$

$3 \times 4 = 12$

$3 \times 4 = 12$

$2 \times 6 = 12$

$2 \times 6 = 12$

**TOTAL = 40**

**TOTAL = 40**

**TOTAL = 80 MARKS**

**PROJECT (20 MARKS)**

- GST and its impact on GDP
- Monetary policy and its role in curbing inflation.
- Government Budget and its components.
- Organic farming
- Make in India - The Way Ahead.
- Employment
- Development experience of India: A Comparison with China and Pakistan.
- Foreign Exchange Rate Determination.

**Dec. Revision for Pre-Board Exams.**

**Jan. Revision for Pre-Board II exams**



## ਪੰਜਾਬੀ

ਨਿਰਧਾਰਤ ਪਾਠ - ਪੁਸਤਕ : ਲਾਜ਼ਮੀ ਪੰਜਾਬੀ - 12 (ਪੰਜਾਬੀ ਸਕੂਲ ਸਿੱਖਿਆ ਬੋਰਡ)

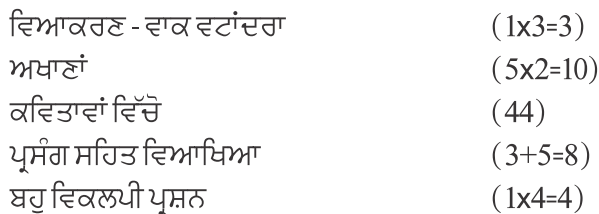
**ਮਾਰਚ:** ਕਵਿਤਾ - ਟੁਕੜੀ ਜੱਗ ਤੋਂ ਨਿਆਰੀ ( ਭਾਈ ਵੀਰ ਸਿੰਘ ) 1  
ਕੌਸ਼ਲ ਵਿਕਾਸ - ਕਸ਼ਮੀਰ ਦੀ ਧਰਤੀ ਦੀ ਜਗਤ ਪ੍ਰਸਿੱਧ ਸੁੰਦਰਤਾ ਬਾਰੇ  
ਜਾਣਕਾਰੀ, ਬੋਧਿਕ ਸ਼ਕਤੀ ਦਾ ਵਿਕਾਸ |

**ਅਪ੍ਰੈਲ:** ਕਹਾਣੀ (ਸੁਜਾਨ ਸਿੰਘ) 1  
ਕੌਸ਼ਲ ਵਿਕਾਸ - ਹਮਦਰਦੀ ਦੀ ਭਾਵਨਾ, ਸਧਾਰਨ ਵਿਅਕਤੀ ਦੇ ਜੀਵਨ ਵਿੱਚ  
ਆਉਣ ਵਾਲੀਆਂ ਮੁਸ਼ੱਕਤਾਂ, ਰਚਨਾਤਮਕ ਸੋਚ ਦਾ ਵਿਕਾਸ |  
ਪਾਠ-ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ (ਡਾ. ਐੱਸ. ਐੱਸ ਵਟਜਾਗ ਬੇਦੀ) 1  
ਕੌਸ਼ਲ ਵਿਕਾਸ- ਪੰਜਾਬੀ ਸਭਿਆਚਾਰ ਦੀ ਜਾਣਕਾਰੀ ਦੇਣਾ, ਪੰਜਾਬੀਆਂ ਦੀ  
ਜੀਵਨ ਪਿਛੋਕੜ ਤੇ ਮੇਲਿਆਂ, ਤਿਉਹਾਰਾਂ ਦੇ ਇਤਿਹਾਸ ਬਾਰੇ ਜਾਨਣਾ |  
ਵਿਆਕਰਨ -ਵਾਕ ਵਟਾਂਦਰਾ |

**ਮਈ** ਪਾਠ- ਪੰਜਾਬ ਦੇ ਰਸਮ - ਰਿਵਾਜ ( ਗੁਲਜ਼ਾਰ ਸਿੰਘ ਸੰਧੂ ) 2  
ਕੌਸ਼ਲ ਵਿਕਾਸ - ਪੁਰਾਤਨ ਜੀਵਨ ਦੇ ਰਹਿਣ - ਸਹਿਣ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ  
ਜੀਵਨ ਵਿੱਚ ਰਸਮਾਂ - ਰੀਤਾਂ ਦਾ ਸੱਹਤਣ, ਨੈਤਿਕ ਕਦਰਾਂ ਕੀਮਤਾਂ ਦਾ ਵਿਕਾਸ |  
ਕਵਿਤਾ: ਤਾਜ ਮਹਲ ( ਪ੍ਰੋ. ਮੋਹਨ ਸਿੰਘ )  
ਕੌਸ਼ਲ ਵਿਕਾਸ - ਇਤਿਹਾਸ ਬਾਰੇ ਜਾਣਕਾਰੀ, ਆਲੋਚਨਾਤਮਕ ਸੋਚ,  
ਹਮਦਰਦੀ |  
ਵਿਆਕਰਨ: ਅਖਾਣਾਂ, ਪੈਰ੍ਹਾ ਰਚਨਾ, ਕਾਰ ਵਿਹਾਰ ਦੇ ਪੱਤਰ।

ਪ੍ਰਸ਼ਨ-ਪੱਤਰ ਵਿਧੀ ( ਕੁੱਲ ਅੰਕ - 50 )  
ਪੜਨ ਕੌਸ਼ਲ ( ਅਣਡਿੱਠਾ ਪੈਰ੍ਹਾਂ -  $1 \times 8 = 8$  )  
ਲਿਖਣ ਕੌਸ਼ਲ ( ਪੈਰ੍ਹਾਂ ਰਚਨਾ / ਕਾਰ ਵਿਹਾਰ ਦੇ ਪੱਤਰ (  $1 \times 7 = 7$  )  
ਵਿਆਕਰਨ - ਅਖਾਣਾਂ (  $3 \times 2 = 6$  ), ਵਾਕ ਵਟਾਂਦਰਾ (  $1 \times 4 = 4$  )  
ਪਾਠ ਪੁਸਤਕ ਅਧਾਰਿਤ - 25 ਅੰਕ





ਵੱਡੇ ਪ੍ਰਸ਼ਨ ਉੱਤਰ	1x6=6
ਬਹੁ ਵਿਕਾਲਪੀ ਪ੍ਰਸ਼ਨ	1x5=5
ਸੰਬੰਧ ਪ੍ਰਸ਼ਨ ਉੱਤਰ	
ਛੋਟੇ ਉੱਤਰ ਚਾਰ ਪ੍ਰਸ਼ਨ (25 - 30 ਸ਼ਬਦਾਂ ਵਿੱਚ)	4x2=8

## ਪੰਜਾਬੀ ਸਭਿਆ ਚਾਰ

ਬਹੁ ਵਿਕਲਪੀ ਪ੍ਰਸ਼ਨ	1x5=5
ਵੱਡੇ ਉੱਤਰ ਵਾਲੇ ਪ੍ਰਸ਼ਨ	2x4=8

ਕਵਿਤਾ - ਮੇਰਾ ਬਚਪਨ (ਹਰਿਭਜਨ ਸਿੰਘ) 5

**ਕੋਸ਼ਲ ਵਿਕਾਸ:** ਪਰਸਪਰ ਰਿਸ਼ਤਾ, ਭਾਵਨਾਵਾਂ ਨਾਲ ਨਜਿੱਠਣਾ, ਤਣਾਅ ਨਾਲ, ਨਜਿੱਠਣਾ, ਹਮਦਰਦੀ।

**ਅਕਤੂਬਰ ਕਹਾਣੀ** - ਘਰ ਜਾਹ ਆਪਣੇ (ਗੁਲਜ਼ਾਰ ਸਿੰਘ ਸੰਧੂ) 4

**ਕੌਸ਼ਲ ਵਿਕਾਸ:** ਪੁਰਾਤਨ ਰਹੂ -ਰੀਤਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ, ਭਾਵਨਾਵਾਂ ਨਾਲ ਨਜਿੱਠਣਾ, ਪਰਸਪਰ ਰਿਸ਼ਤਾ

ਕਵਿਤਾ-ਗੀਤ (ਸ਼ਿਵ ਕਮਾਤ ਬਟਾਲਵੀ) 6

**ਕੈਸ਼ਲ ਵਿਕਾਸ :** ਆਲੋਚਨਾਤਮਕ ਸੋਚ, ਤਣਾਅ ਨਾਲ ਨਜਿੱਠਣਾ, ਸਮੱਸਿਆ ਹੱਲ ਕਰਨਾ |

ਪਾਠ - ਪੰਜਾਬ ਦੇ ਲੋਕ-ਨਾਚ (ਡਾ ਜਗੀਰ ਸਿੰਘ ਦੁਰ) 4

**ਕੌਸ਼ਲ ਵਿਕਾਸ:** ਲੋਕ ਨਾਚਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ, ਰਚਨਾਤਮਕ ਸੋਚ ਦਾ ਵਿਕਾਸ, ਨੈਤਿਕ ਕਦਰਾਂ ਦਾ ਵਿਕਾਸ |

## ਵਿਆਕਰਨ - ਅਖਾਣਾਂ |







## HISTORY

### Book Prescribed - NCERT Books

Theme in Indian History: Part - 1

Theme in Indian History: Part - 2

Theme in Indian History: Part - 3

**April** Theme 1: Bricks, Beads and Bones

**Life Skills:** Critical Thinking, Detailed analysis of civilization

Theme 2: Kings, Farmers and Towns

**Life Skills:** Self awareness, Critical Thinking

**Map work** - Mature Harappan Sites: Harappa, Banawali, Kalibangan, Balakot, Rakhigarhi, Dholavira, Nagashwar, Lothal, Mohenjodaro, Chanhudaro, Kot Diji

**Mahajanapada and Cities:**

Vajji, Magadha, Kosala, Kuru, Panchala, Gandhara, Avanti, Rajgir, Ujjain, Taxila, Varanasi

**May** Theme 3: Kinship, Caste & Class

**Life Skills:** Critical Thinking, Interpersonal Relationship

Theme 4: Thinkers, Beliefs and Buildings

**Life Skills:** Creative thinking, Empathy

**Map Work:** Distribution of Ashokan Inscriptions

**May** **Unit 1 Exam**

Revision for Unit 1

Theme 1: Bricks, Beads & Bones

Theme 2: Kings, Farmers and Towns

**Blue Print**

MCQ 1 x 10 = 10 marks

Short Ques. 3 x 4 = 12 marks

Long Ques. 8 x 2 = 16 marks

Case Study 4 x 2 = 8 marks

Map 1 x 4 = 4 marks Total 50 marks

**June** -

**July** Theme 5: Through the eyes of Travellers

**Life Skills:** Critical Thinking, Emotional

Theme 6: Bhakti-Sufi Traditions

**Life Skills:** Empathy, Coping with emotions, Creative Thinking

**Map Work:** Important Kingdoms and Towns, Major Buddhist





## Sites

- Aug.** Theme 7: An Imperial Capital - Vijayanagara  
**Life Skills:** Critical Thinking, Emotion  
Theme 8: Peasants, Zamindars & the State  
**Life Skills:** Effective Communication, Critical Thinking  
**Map Work:** Major cities of Vijayanagar Empire

- Sept.** **Revision for Mid Term**  
**Syllabus for Mid Term**  
Theme - 1, 2, 3, 4, 5, 6, 7, 8

### Blueprint for Mid-Term

MCQ 1 x 21 = 21 marks

Short Ques. 3 x 6 = 18 marks

Long Ques. 8 x 3 = 24 marks

Case Study 4 x 3 = 12 marks

Map 1 x 5 = 5 marks Total Marks = 80 marks

Theory = 80 marks

Internal = 20 marks [Project + Viva] [Any One topic prescribed by CBSE]

Total = 100 marks

- Oct.** Theme 10: Colonialism and Countryside  
**Life Skills:** Critical Thinking, Problem Solving  
Theme 11: Rebels and the Raj  
**Life Skills:** Problem Solving, Decision Making  
**Map Work:** Territories/Cities under British Control in 1857, Main Centres of the Revolt of 1857

- Nov.** Theme 13: Mahatma Gandhi and the Nationalist Movement  
**Life Skills:** Decision Making, Effective Communication  
Theme 15: Framing the Constitution  
**Life Skills:** Decision Making, Critical Thinking

- Dec.** Pre-Board - 1  
Revision Pre-Board - 1  
More focus on NCERT Questions & Sample Paper (Practice)  
Syllabus for Pre-Board - 1 - Full Syllabus

- Jan.** **Pre-Board - 2**

- Feb.** **Revision with More focus on Sample Paper Practice**

- March** **Final Exam**



## POLITICAL SCIENCE

(Subject Code 028)

Stream - Humanities

**Books Prescribed: - NCERT Books**

1. Contemporary World Politics    2. Politics in India Since Independence

**March** Ch-1 The End of Bipolarity (Book)

**Life Skills:** Critical Thinking

**April** Ch-1 Challenges of Nation Building (Book-2)

**Life Skills:** Awareness of History of Nation Building

Ch-2 New Centres of Power (Book-1)

**Life Skills:** Creative thinking, Problem Solving

**May** Ch-2 Era of One Party System (Book-2)

**Life Skills:** Political Awareness, Decision Making

**Revision for Unit - 1**

Ch-3 Contemporary South Asia (Book-1)

**Life Skill:** Decision Making

**Syllabus For Unit - 1**

Ch-1 The End of Bipolarity (Book-1)

Ch-2 New Centres of Power (Book-1)

Ch-1 Challenges of Nation Building (Book-2)

### Blue Print for Unit Exams

**Total Marks - 50**

No. of questions	Section	Marks	Total Marks
8 - MCQs/Assertion-Reason	Sec - A	1	8
3 - Very Short Answer	Sec - B	2	6
4 - Short Answer Ques	Sec - C	4	16
2 - Map based/Pic/Cartoon	Sec - D	4	8
2 - Long Answers	Sec - E	6	12

**50 Marks**

**May** Ch-3 Planned Development (Book-2)

**Life Skills:** Decision Making, Problem Solving

**July** Ch-4 India's External Relations

**Life Skills:** Decision Making, Interpersonal Relations

Ch-4 International Organisations (Book-1)





**Life Skills:** Interpersonal Relationship, Creative Thinking  
Ch-5 Security in the Contemporary World (Book-1)  
**Life Skills:** Effective communication

**Aug.** Ch-5 Challenges to the Restoration of Congress (Book-2)  
**Life Skills:** Problem Solving, Critical Thinking  
**REVISION FOR MID-Term Exams**

**Sept.** **Mid-Term Exams**  
**Syllabus For MID - Term Exams**  
**Book 1 - Ch - 1 - 4** **Book 2 - Ch - 1 - 4**  
**Marks Distribution**  
**Book 1 - 40 Marks** **Book 2 - 40 Marks**

**Blue Print - For MID-Term and Pre-Board Exams**

**Total Marks - 80**

Sec A Q 1 - 12 - MCQs / Assertion / Reasons -	1 mark each
Sec B Q 13 - 18 - Very Short Ans Questions -	2 marks each
Sec C Q 19 - 23 - Short Ans Questions -	4 marks each
Sec D Q 24 - 26 - Case Based -	4 marks each
Sec E Q 27 - 30 - Long Ans questions -	6 marks each

**Sept.** Ch-6 Environment and Natural Resources (Book-1)  
**Life Skills:** Critical thinking, Analysing Skills

**Oct.** Ch-6 Crisis of Democratic Order (Book-2)  
**Life Skills:** Critical thinking, Problem Solving  
Ch-7 Globalisations (Book-1)  
**Life Skills:** Understanding and application  
Ch-7 Regional Aspirations (Book-2)  
**Life Skills:** Socio-Political awareness, Critical thinking  
Ch-8 Indian Politics-Recent Trends and Development(Book-2)  
**Life Skills:** Critical thinking, Coping with emotions

**Nov** **Revision For Pre - Board - I**  
Pre - Board - I (Full Syllabus)

**Dec** **Revision For Pre - Board - II**  
Pre - Board - II (Full Syllabus)

**Jan.** **Revision For Pre - Board - III**  
Pre - Board - III (Full Syllabus)

**Feb.** **Final Exam**  
**Theory=80 Marks** **Project=20 Marks** **Total=100 Marks**

PHYSICAL EDUCATION (048)			
Books : S P Publication and NCERT		Theory : 70	Practical : 30
March/	Ch-1 : Management of Sporting Events		
April	Ch-2 : Children and Women in Sports		
May	Ch-3 : Yoga and Preventive Measure for Lifestyle Disease		
Revision for Unit / Term - 1			
Ch - 01, 02 & 03			
Paper Pattern			
No. of Questions	Marks	Total Marks	
Section A : 08 MCQ's / Assertion Reasoning	01	08	
Section B : 02 Very Short Type Questions	02	04	
Section C : 05 Short Answer Type Questions	03	15	
Section D : 02 Case Studies Questions	04	08	
Section E : 03 Long Answer Type Questions	05	15	
Total Marks		50	
July	Ch-4 : Physical Education & Sports for CWSN		
	Ch-5 : Sports and Nutrition		
August	Ch-6 : Test and Measurement in Sports		
	Ch-7 : Physiology in Sports		
Revision for Mid Term			
Syllabus : Ch. No. 1 to 7			
Paper Pattern			
No. of Questions	Marks	Total Marks	
Section A : 18 MCQ's / Assertion Reasoning	01	18	
Section B : 05 Very Short Type Questions	02	10	
Section C : 05 Short Answer Type Questions	03	15	
Section D : 03 Case Studies Questions	04	12	
Section E : 03 Long Answer Type Questions	05	15	
Total Marks		70	



**Sept & Oct.** Ch-8 : Biomechanics and Sports

Ch-9 : Psychology and Sports

**November** Ch-10 : Training in Sports

**December** Revision :- Prescribed Sample Paper of CBSE

Pre Board - 1 (Full Syllabus)

**January** Revision [Get Students prepared Sample Papers related to CBSE Board Exam] Pre-Board - II (Full Syllabus)

Paper Pattern for Pre Board I & II

No. of Questions	Marks	Total Marks
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Section A : 18 MCQ's / Assertion Reasoning	01	18
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Section B : 05 Very Short Type Questions	02	10
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Section C : 05 Short Answer Type Questions	03	15
--------------------------------------------	----	----

Section D : 03 Case Studies Questions	04	12
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Section E : 03 Long Answer Type Questions	05	<u>15</u>
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<b>Total Marks</b>		<b><u>70</u></b>
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Practical	Max. Marks : 30
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1. Physical Fitness Test : Sai Khelo India Test Brock Port Physical Fitness Test	06
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2. Proficiency in Games and Sports, Skill of any one 10A Recognised Sports / Game of Choice.	07
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3. Yogic Practices.	07
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4. Record File.	05
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5. Viva Voce (Health / Games & Sports / Yoga)	05
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**Blue Print**  
**Physical Education**  
**(Subject Code : 048)**

**Books Prescribed : NCERT, S P Publications**

**Theory : 70 marks**

**Practical : 30marks**

**Total : 100 marks**

**April** Ch-1 : Management of Sporting Events  
Ch-2 : Children and Women in Sports

**May** Ch-3 : Yoga and Preventive Measure for Lifestyle Disease

**Revision for Unit - 1 50 Marks**

**Marks Distribution Unit - 1**

8 Questions x 1 marks each = 8

2 Questions x 2 marks each = 4

3 Questions x 6 marks each = 18

4 Questions x 5 marks each = 20

**Total - 50**

**Unit Test - I (Weightage)**

Ch-1 : Management of Sporting Events - 15 Marks

Ch-2 : Children and Women in Sports - 15 Marks

Ch-3 : Yoga and Preventive Measure for Lifestyle Disease - 20 Marks

**June - Revision for Unit/ Term-I, Ch-01, 02, 03**

**July** Ch-4 : Physical Education & Sports for CWSN  
Ch-5 : Sports and Nutrition

**August** Ch-6 : Test and Measurement in Sports  
Revision for Weekly Test - 25 Marks  
Ch-7 : Physiology and Injuries in Sports

**September** Ch-8 : Biomechanics and Sports  
Revision for Mid Term Exams - 70 Marks

**Marks Distribution**

12 Questions x 1 marks each = 12

4 Questions x 2 marks each = 08





10 Questions x 3 marks each = 30

4 Questions x 5 marks each = 20

**Total - 70**

**Mid Term Exam (Weightage)**

Ch-1 : Management of Sporting Events - 8 Marks

Ch-2 : Children and Women in Sports - 8 Marks

Ch-3 : Yoga and Preventive Measure for Lifestyle Disease - 10 marks

Ch-4 : Physical Education & Sports for CWSN - 8 Marks

Ch-5 : Sports and Nutrition - 8 Marks

Ch-6 : Test and Measurement in Sports - 10 marks

Ch-7 : Physiology and Injuries in Sports - 8 Marks

Ch-8 : Biomechanics and Sports - 10 marks

**October** Ch-9 : Psychology and Sports  
Revision for Weekly Test - 25 Marks

**November** Ch-10 : Training in Sports

**December** Revision for Pre Board - I (Revision Sample Paper)

**Marks Distribution Pre Board - I**

18 Questions x 1 marks each = 18

5 Questions x 2 marks each = 10

5 Questions x 3 marks each = 15

3 Questions x 4 marks each = 12

3 Questions x 5 marks each = 15

**Total - 70**

**Pre-Board Exam (Weightage) 70 Marks**

Ch-1 : Management of Sporting Events - 10 Marks

Ch-2 : Children and Women in Sports - 12 Marks

Ch-3 : Yoga and Preventive Measure for Lifestyle Disease - 12 marks

Ch-4 : Physical Education & Sports for CWSN - 12 Marks

Ch-5 : Sports and Nutrition - 12 Marks

Ch-6 : Test and Measurement in Sports - 12 marks

**January** Practical File Completion as per CBSE Notification  
Revision for Pre Board - II (Full Syllabus)

**February** Revision for Final Exam (Sample Paper Revision)



**March**      **Final Board Exams - 70 Marks Written**  
30 Marks Practical  
**Total 100 Marks**

### **PRACTICAL - 30 Marks**

1. Physical Fitness Test : SAI Khelo India Test, Brock Port Physical Fitness Test - 6 Marks
2. Proficiency in Games and Sports (Skill of any one game of choice) - 7 Marks
3. Yogic - 07 Marks
4. Record File - 05 Marks
5. Viva Voce - 05 Marks

### **Record File Shall Include**

Practical - 1 : Labelled diagram of 400 M Track and Field with computations.

Practical - 2 : Describe changing Trends in Sports in term of change in playing surface. Wearable gears and sports equipment, technological advancements.

Practical - 3 : Labelled diagram of field and equipment of any one game of your choice out of the.

Theory - 70 Marks

Practical - 30 Marks

Total - 100 Marks

### **Prctical for CWSN**

\* Test For CWSN (any for items out of 27 items but 1 item from each component. Aerobic function, body composition, muscular, strength and endurance range of motion or flexibility).

\*\* Basketball, Football, Kabaddi, Kho-Kho, Volleyball, Handball, Hockey, Cricket.



- \*\* CWSN (Children with special needs - Divyang) : Bocce / Boccia, Sitting Volleyball, Wheel Chair Basketball, unified Badminton, unified Basketball, unified Football, Blind Cricket, Goalball, Floorball wheel chair races and throw or any other sports / Games of choice.
- \*\*\* Children with spacial needs may opt any one Sport / Game from the list as alternative for yogic practices. However, the sport / Game must be different for skill of Game and alternate to yogic practices.



## YEARLY PLANNER 2025-26

### SCHOLASTIC / CO-SCHOLASTIC ACTIVITIES

Date	Day	Class	THEME OF ACTIVITY OR COMPETITION /ASSESSMENT PLANNED
03 April,25	Thursday	LKG-IX	<b>Commencement of Session 2025-26</b>
06 April,25	Sunday		<b>Ram Navami</b>
08 April,25	Tuesday		<b>Birthday of Guru Nabha Dass Ji</b>
10 April,25	Thursday		<b>Mahavir Jayanti</b>
11 April,25	Friday	III & IV	<b>Vaisakhi Celebration</b> Paper Craft Activity
12 April,25	Saturday		<b>Second Saturday</b>
13 April,25	Sunday		<b>Vaisakhi</b>
14 April,25	Monday		<b>Birthday of Dr.B.R. Ambedkar</b>
16 April,25	Wednesday		<b>Weekly Test</b>
17 April,25	Thursday	I to IV	<b>Bubble Buddies:-</b> "Clean Hands, Happy Hearts" Activity
18 April,25	Friday		<b>Good Friday</b>
19 April,25	Saturday	XI-XII	<b><u>One Earth One Chance:-</u></b> Poster Presentation on "SAVE ENVIRONMENT"
22 April,25	Tuesday	I-IV	<b>Save Earth Save Life:-</b> Earth Day Activity
23 April,25	Wednesday		<b>Weekly Test</b>
25 April,25	Friday	I-XII	<b>Yoga: a Graceful Journey inward</b> (Yoga session camp)
26 April,25	Saturday		<b>Fourth Saturday</b>
28 April,25	Monday	IX-X	<b><u>One Earth One Chance:-</u></b> Poster Presentation on "SAVE ENVIRONMENT"
29 April,25	Tuesday		<b>Birthday of Lord Parshuram Ji</b>
30 April,25	Wednesday		<b>Weekly Test</b>
01 May,25	Thursday		<b>May Day</b>
02 May,25	Friday	Nur.  I-IV	<b>"From First strokes to Endless Stories-the journey of Akshar begins!"</b> :- Akshar Arambh ceremony Punjabi Calligraphy
03 May,25	Saturday	I -IV V-VI	G.K Quiz Recharge Your Mind: Suryanamaskar
06 May,25	Tuesday	IX-X	<b><u>Its Never too Late to Start a New :-</u></b> Speech Competition on "Drug Free Earth"
07 May,25	Wednesday		<b>Weekly Test</b>
08 May,25	Thursday	IX-XII	"We do not chase victory-we build it, one pass, one set, one slam at the time." <b>Volleyball Match</b>



09 May,25	Friday	I-XII Nur.-UKG Nur.-XII	Celebration of Tagore Jayanti By Tagore House <b>Amateur Showcase Event</b> :Talent Show Mother's Day Activity <b>Weekly Test</b>
10 May,25	Saturday		<b>Second Saturday</b>
12 May,25	Monday		<b>Buddha Purnima</b>
13 May,25	Tuesday	LKG-UKG XI	Dexterity Skills Activity <b>Protect Honesty:-</b> Debate Competition on "Freedom of Press"
14 May,25	Wednesday		<b>Weekly Test</b>
16 May,25	Friday	I - XII	<b>Weekly Test</b> <b>"Our planet is our responsibility":-</b> Environmental Day - Plantation Activity
19 May, 25	Monday		<b>Weekly Test</b>
20 May,25	Tuesday	Nur-UKG XI-XII	Table etiquette: "Where Respect Meets the Plate" Activity <b>"Words of Change, A future without drugs!" :-</b> Speech Competition on "Drug Free Earth"
21 May, 25	Wednesday		<b>Weekly Test</b>
23 May, 25	Friday		<b>Weekly Test</b>
24 May,25	Saturday		<b>Fourth Saturday</b>
26 May, 25	Monday		<b>Weekly Test</b>
28 May, 25	Wednesday		<b>Weekly Test</b>
30 May,25	Friday		<b>Martyrdom Day of Sri Guru Arjun Dev Ji</b>
7 June,25	Saturday		<b>Id-ul-Juha (Bakrid)</b>
11 June,25	Wednesday		<b>Kabir Jayanti</b>
15 June,25	Sunday		<b>Father's Day Activity- Hero of Life</b>
21 June,25	Saturday		<b>Yoga is the golden Key</b> -International Yoga Day Celebration
3 July,25	Thursday		<b>School Reopen</b>
7 July, 25	Monday		Unit test Commence
12 July,25	Saturday		<b>Second Saturday</b>
18 July,25	Friday	V	<b>"Step into past, understand present" -</b> History role play-freedom fighter
19 July,25	Saturday	I-IV	<b>Learn art of writing-</b> Punjabi Calligraphy
22 July,25	Tuesday	Nur.-UKG XI-XII	<b>Be the change you wish to see in the world</b> (Green Day) Inter House Sci Quiz



23 July,25	Wednesday	IX-X	<b>Weekly Test</b>
24 July,25	Thursday	LKG	<b>Be a Quiz Champ :-</b> Inter House Sci Quiz
25 July,25	Friday	UKG	<b>Cinema Symphony:</b> Movie Day
26 July,25	Saturday		<b>PTM</b>
28 July,25	Monday	I -IV	<b>Split-Splash:</b> Boat Making Activity
29 July,25	Tuesday	IX-XII	<b>A Visit to Planetarium</b> (Field Trip)
30 July,25	Wednesday	Nur.-UKG	<b>Splashy Bash</b> (Pool Party) <b>Weekly Test</b>
31 July,25	Thursday		<b>Martyrdom Day of Shaheed Udham Singh Ji</b>
01 August,25	Friday	Nur.-UKG	<b>Care &amp; Core Relation of true love</b> :Rakhi Making <b>Weekly Test</b>
02 August,25	Saturday	I – IV	<b>Enhancing Vocabulary:</b> Making New Words Activity
05 August,25	Tuesday	IX-X	Inter House Maths Quiz
06 August,25	Wednesday		<b>Weekly Test</b>
08 August,25	Friday	Nur.-UKG I - XII  VII-VIII	<b>Color Symphony:</b> Colouring Competition <b>Care &amp; Core Relation of true love</b> Rakhi Making, Card making & palette decoration activity <b>Science Quiz</b> <b>Weekly Test</b>
09 August,25	Saturday		<b>Rakhsa Bandhan &amp; Second Saturday</b>
11 August, 25	Monday		<b>Weekly Test</b>
12 August,25	Tuesday	IX-XII Girls	<b>Level up your Fun:</b> Inter House Badminton Match
13 August,25	Wednesday	Nur.-UKG	<b>Patriotism</b> (Craft Activity) <b>Weekly Test</b>
15 August,25	Friday	Nur.-XII I-IV	Special Assembly <b>My India My Pride:</b> Flag Making Activity
16 August,25	Saturday		<b>Janam Ashtami</b>
18 August,25	Monday		<b>Oral Exam Commence</b>
23 August,25	Saturday		<b>Fourth Saturday &amp; PTM Before Mid-Term</b>
26 August,25	Tuesday	XI-XII  I-IV	<b>Maths poetry of logical ideas:</b> Inter House Maths Quiz <b>Be a Quiz Champ :-</b> Math Quiz
01September,25	Monday		<b>Mid Term Exam</b>
05September,25	Friday		<b>"From Chalk to change-Thank you Teachers"</b> :-Teachers Day Celebrations
20September,25	Saturday		<b>PTM for Mid-Term</b>



22September,25	Monday		<b>Maharaj Agarsain Jayanti</b>
23September,25	Tuesday		<b>School Reopen</b>
25September,25	Thursday	LKG-UKG	<b>Lets Put on a show</b> (Community Helpers How Supportive we are)
27September,25	Saturday	<b>I -IV</b>  <b>Nur.</b>	<b>"In their shoes, through their struggles-Honouring our Legends":</b> Role Play Activity for Freedom Fighters <b>Puppetry</b> (Story-Telling)
28September,25	Sunday		<b>Birthday of S. Bhagat Singh Ji</b>
30September,25	Tuesday	IX-XII Boys	<b>If you have a dream make a Goal:</b> Inter House Football Match
02 October,25	Thursday		<b>Birthday of Mahatma Gandhi Ji &amp; Dussehra</b>
04 October	Saturday	VI-VIII	<b>Ready set calculate: Math Quiz</b> Interhouse Competition
07 October,25	Tuesday		<b>Birthday of Maharishi Valmiki Ji</b>
08 October,25	Wednesday		<b>Birthday of Sri Guru Ram Das s Ji</b>
10 October,25	Friday		<b>Karwa Chauth</b>
11 October,25	Saturday		<b>Second Saturday</b>
13 October,25	Monday	<b>Nur.-UKG</b>	<b>"Sharing Bites spreading smiles":-</b> Community Lunch Programme
15 October,25	Wednesday		<b>Weekly Test</b>
16 October,25	Thursday	III - IV	<b>Unlocking the secrets of Universe:</b> Science Quiz Competition
18 October,25	Saturday	<b>Nur.-XII</b>	<b>"Sparkles of Tradition, Rays of Unity"</b> <b>Special Assembly on Diwali</b> Diya & Card making Activity Rangoli Making Competition
20 October,25	Monday		<b>Diwali</b>
22 October,25	Wednesday		<b>Vishwakarma Day</b>
23 October,25	Thursday		<b>Bhai Dooj</b>
24 October,25	Friday		<b>School Reopen</b>
25 October,25	Saturday		<b>Fourth Saturday</b>
29 October,25	Wednesday		<b>Weekly Test</b>
30 October,25	Thursday	Nur.-UKG	<b>"Tiny feet, Wild Treats" A Day to remember:-Jungle Safari / Visit to a farm</b>
31 October,25	Friday	VII-VIII	<b>"One Vote can Rock the Boat"-Mock Election Activity</b>
01November,25	Saturday	I – IV	Hindi Calligraphy
03November,25	Monday	X & XII	<b>Commencing Pre-Board I</b>
04 Nov,25	Tuesday	IX-X	<b>It's time to learn our society &amp; social behaviour:</b> Sst. Quiz (Inter House)
5 Nov,25	Wednesday		<b>Birthday of Sri Guru Nanak Dev Ji</b>



06 Nov,25	Thursday		<b>Weekly Test</b>
07 Nov,25	Friday	<b>V-VI</b>	<b>Elevate your game, elevate your glory”-Badminton Match</b>
08 Nov,25	Saturday		<b>Second Saturday</b>
11 Nov,25	Tuesday	<b>Nur.-UKG</b>	<b>" Play with Passion, Win with grace!" : - Sporto Fest</b>
12 Nov,25	Wednesday		<b>Weekly Test</b>
14 Nov,25	Friday	I-XII Nur.-UKG	<b>"Lets celebrate celebration the magic of being a child" Special Assembly &amp; Children Day Activiy No Bag Day</b>
16 Nov,25	Sunday		<b>Martyrdom Day of S. Kartar Singh Sarabha Ji</b>
18 Nov,25	Tuesday	<b>XI-XII</b>	<b>Inter House G.K Quiz</b>
19 Nov,25	Wednesday		<b>Weekly Test</b>
21 Nov,25	Friday	VII & VIII	<b>“Spike your way to the Top” Interhouse Volleyball Competition</b>
22 Nov,25	Saturday		<b>Fourth Saturday</b>
25 Nov,25	Tuesday		<b>Martyrdom Day of Sri Guru Teg Bahadur Ji</b>
26 Nov,25	Wednesday		<b>Weekly Test</b>
28 Nov,25	Friday	Nur.-UKG I-IV	Kindergarten Carnival <b>"Together we eat, together we grow": - Community Lunch</b>
29 Nov,25	Saturday	X & XII	<b>PTM for Pre-Board I</b>
01 Dec,25	Monday	<b>I - IV</b>	<b>Challenge Your Mind ( )</b>
02 Dec,25	Tuesday	<b>XI-XII (Girls )</b>	<b>Inter House Kho-Kho Match</b>
03 Dec,25	Wednesday		<b>Weekly Test</b>
05 Dec,25	Friday		<b>Weekly Test</b>
10 Dec,25	Wednesday		<b>Weekly Test</b>
12 Dec,25	Friday	Nur.-UKG	<b>"Bask in the Outdoors, Cherish the Moments!" Ground Picnic</b>
13 Dec,25	Saturday		<b>Second Saturday</b>
15 Dec,25	Monday	Nur.-IX & XI X & XII	<b>Post Mid-Term Exam &amp;  Commencing Pre-Board II</b>
24 Dec,25	Wednesday	Nur.-XII Nur.-UKG	Special Assembly on Shaheedi Diwas & Christmas <b>Role Play Activity On Good Touch</b>
25 Dec,25	Thursday		<b>Christmas</b>
27 Dec,25	Saturday		<b>Fourth Saturday</b>
3 Jan,26	Saturday	X & XII	<b>PTM for Pre-Board II</b>





5 Jan,26	Monday		<b>School Reopen</b>
10 Jan,26	Saturday		<b>PTM for Post Mid-Term</b>
12 Jan,26	Monday	<b>X &amp; XII</b>	<b>Commencing Pre-Board III</b>
13 Jan,26	Tuesday	<b>Nur.-XII</b>	<b>"Lohri: Where every flame brings joy, peace and prosperity!" Lohri Celebrations in Special Assembly</b>
14 Jan,26	Wednesday		<b>Makar Sakranti</b>
16 Jan,26	Friday	<b>Nur.-UKG</b>	<b>"Where every stroke tells a story!":- Chirography (Calligraphy)</b>
17 Jan,26	Saturday	<b>IX-XII</b>	<b>"Volley for Glory-Battle of the Best House!" Inter-House Volleyball Match (Boys)</b>
21 Jan,26	Wednesday		<b>Weekly Test</b>
22 Jan,26	Thursday	<b>III-VI</b>	<b>" From Paper to sky-Lets' fly one creation!":- Kite Making Activity</b>
23 Jan,26	Friday	<b>Nur.-UKG V-VIII</b>	<b>Turn Signals Save Accidents (Traffic Rules Activity) I am Proud to be an Indian (Poster Making Activity)</b>
24 Jan,26	Saturday		<b>Fourth Saturday</b>
26 Jan,26	Monday		<b>"Saluting the spirit of India-Republic Day 2026!":- Republic Day Celebrations</b>
27 Jan,26	Tuesday		<b>Republic Day Off</b>
28 Jan,26	Wednesday		<b>Weekly Test</b>
30 Jan,26	Friday	<b>V-VIII</b>	<b>Punjabi Poem Recitation Competition</b>
31 Jan,26	Saturday	<b>X &amp; XII</b>	<b>PTM for Pre-Board III</b>
01 Feb,26	Sunday		<b>Guru Ravidas Jayanti</b>
04 Feb,26	Wednesday		<b>Weekly Test</b>
09 Feb,26	Monday		<b>Oral Exam/Practicals Final Term Commence</b>
11 Feb,26	Wednesday		<b>Weekly Test</b>
15 Feb,26	Sunday		<b>Maha Shivaratri</b>
18 Feb,26	Wednesday		<b>Weekly Test</b>
25 Feb,26	Wednesday		<b>Weekly Test</b>
02 March,26	Monday		<b>Final Term Exam</b>
03 March,26	Tuesday		<b>Holi</b>
21 March,26	Saturday		<b>Idul Fitr</b>
24 March,26	Tuesday		<b>PTM for Final Term</b>

